

WEEKLY NEWSLETTER

City of Highland



— PUBLIC SAFETY APPRECIATION WEEK! —

Last week the City of Highland celebrated our 21st Annual Public Safety Appreciation Week. Throughout the week, community members, businesses, City Council and city employees shared lunch with Highland's Police Officers and Fire Fighters. Each year, the community is invited to join us for potluck lunches each day throughout the week beginning at the Police Station and continuing the second day at Fire Station #1, Fire Station #2 on the third day and concluding the week at Fire Station #3. We had a tremendous show of support throughout last week. Thank you to all those who so generously contributed to making these luncheons a success. Also, a special thank you to all police and fire personnel for welcoming us into their busy schedules and for all their assistance during the luncheons.

Thank you to the many sponsors of this year's Public Safety Appreciation Week, including:

- Albaro's Mexican Food
- Albertson's
- Arrowhead Credit Union - ArrowHeart Foundation
- Burrtec Waste Industries
- Carbon Health - Highland
- Costco – San Bernardino
- Dickey's Barbecue Pit
- Donut Town
- Dos Amigos Tortas
- Farmer Boys
- Highland Area Chamber of Commerce
- Highland Family YMCA
- Juanito's Tacos
- Mi Cocina Restaurant
- Pancho's Kitchen Mexican Restaurant
- Radiant Rubies of Highland
- Raising Cane's - Redlands
- Ramen Koko
- Rosa Maria's #2
- Round Table Pizza
- Taco Joe's Mexican Restaurant
- Thai Spoon Restaurant
- Two Guys Pasta & Pizza
- Highland City Council and the many City Staff who helped support this very important event.



Volunteer Services

HIGHLAND IMPROVEMENT TEAM

The Highland Improvement Team (HIT) is recruiting volunteers! Now is your chance to be part of this excellent group of dedicated community volunteers. Our mission is to improve the overall environment of our city for all residents and businesses. Join us as we beautify our community. Get involved today and sign up as Highland's newest volunteer.



Highland Improvement Team projects are typically scheduled for the first Saturday of each month. Projects vary from month to month but can include:

- Residential yard cleanups for senior residents
- Residential garage cleanouts for senior residents
- Graffiti abatement
- Litter pick-up
- Park cleanups
- Special events and many more!

May Cleanup Information: The next HIT Cleanup will be on Saturday, May 6, 2023, from 8am to 12 noon. Volunteers will meet at Highland City Hall, 27215 Base Line, to sign in before the cleanup.

Do you know of a potential cleanup site or Highland residence that may need our help? Please contact Volunteer Services to sign-up or for more information at 909-864-6861, extension 203.

EMERGENCY MORTGAGE ASSISTANCE PROGRAM (EMAP)



The City of Highland has established the EMERGENCY MORTGAGE ASSISTANCE PROGRAM (EMAP) to assist Highland residents with mortgage delinquencies resulting from the pandemic. This program aims to assist homeowners of limited income, impacted by the pandemic, by reducing delinquent mortgage payments and/or avoiding foreclosure.

For more information and program eligibility pre-screening, contact us at 909-864-6861, extension 203 or 230.

Blood Drive!



Please consider giving back to the community by donating at one or all our upcoming drives. All Highland Blood Drives take place at the Highland Police Station (26985 Base Line) from 12:00pm to 5:00pm.

Please see the 2023 Blood Drive dates below. Follow the links to reserve your appointments for the entire year!

- Monday, May 22, 2023
https://giftoflife.lstream.org/donor/schedules/drive_schedule/105368
- Monday, July 31, 2023
https://giftoflife.lstream.org/donor/schedules/drive_schedule/105369
- Monday, September 25, 2023
https://giftoflife.lstream.org/donor/schedules/drive_schedule/105370
- Monday, November 27, 2023
https://giftoflife.lstream.org/donor/schedules/drive_schedule/105371

For more information or to schedule an appointment by phone, contact Denise Moreno, Volunteer Services Coordinator, at 909-864-6861, extension 203 or email dmoreno@cityofhighland.org.

Seniors Wanted!

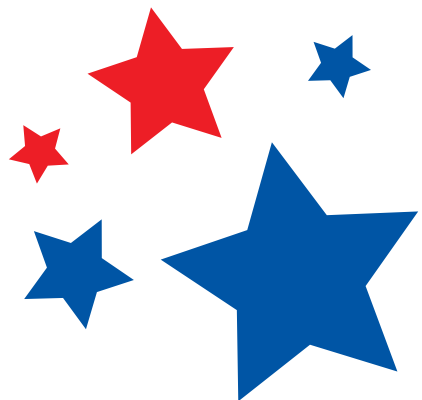
Are you a Highland resident and sixty (60) years of age or older? If so, then you are eligible to receive a senior discount on trash service. Senior citizen rates are equivalent to a twenty percent (20%) discount to the individuals who meet the following criteria:

- Over sixty (60) years of age
- Residing as head of household
- Single Family residence only

Note: proof of items a-c is required

SENIOR DISCOUNT

For more information on the senior discount please contact Burrtec Waste Industries, Inc. customer, call 909-889-1969.
For general information regarding solid waste and/or recycling services in the City of Highland, please contact Public Services Division at 909-864-6861, extension 271.



4th of July

REGISTRATION IS NOW OPEN!

We are excited to announce that registration is now open for our Annual Fourth of July Parade! This year's parade takes place on Tuesday, July 4, 2023. Participant check-in time is 7:30am and Parade start time is 9:00am.

Once again, the parade is FREE to enter and is open to all organizations, groups, or individuals. We welcome marching bands, youth programs, community groups, car clubs, local businesses, and other organizations to participate.

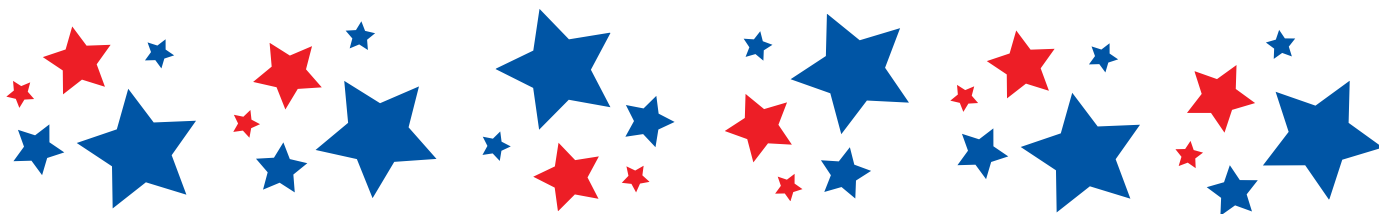
Registration forms are available on the city website, www.cityofhighland.org, at Highland City Hall (27215 Base Line) or you may request a form be mailed/emailed to you by contacting Volunteer Services at 909-864-6861 ext. 203 or dmoreno@cityofhighland.org

Please return completed registration form to the City of Highland by 5pm on Thursday, June 22, 2023.

Submit Forms:

- In person or by mail to: City of Highland - 27215 Base Line, Highland, CA 92346
 - Fax: 909-862-3180
 - Email: dmoreno@cityofhighland.org
- Please contact Volunteer Services for more information: 909-864-6861, extension 203.

RELEASE/WAIVER OF LIABILITY: All parade participants are required to complete a waiver prior to participating in the parade. The waiver will be given to you upon receiving your parade registration.



San Bernardino County

Household Hazardous Waste Collection Facilities

ACCEPTED ITEMS

- Motor Oil/Used Filters
- Auto & Household Batteries
- Paint Products
- Antifreeze
- Household Cleaners
- Pesticides & Fertilizers
- Medications (excluding controlled substances, separate liquids from solids)
- Home-Generated Sharps/Needles in approved container
- Fluorescent Tubes
- E-Waste (Electronic Waste) such as: TVs & Computer Monitors, CPUs, Printers, Microwave Ovens, Cell/Mobile Phones, Telephones, Space Heaters, Stereos, Radios, VCRs/DVD Players, Musical Cards, Clothes Irons
- Mercury Thermostats
- Cooking Oil

ITEMS NOT ACCEPTED

- Business/Commercial Wastes
- Wastes from foreclosed properties and non-profit organizations
- Radioactive Wastes
- Medical Wastes other than Sharps
- Asbestos
- Explosives
- Reactives
- Tires, Appliances, Furniture, Air Conditioner, etc.

Transportation Guidelines

Before transporting hazardous waste to a collection facility, be sure that:

- The amount of waste transported does not exceed 15 gallons or 125 lbs. per visit in containers no larger than 5 gallons.
- The waste is properly labeled as to its contents or in its original container.
- The containers are sound, not leaking and sealed.
- Wastes are placed securely in the vehicle for safe transport.
- The contents of the container are the same as stated on the label. If not, cover up the label and write the name of its contents.

**Did you know that used
motor oil and filters are
100% recyclable?**

Collection Facility Information
San Bernardino County
Fire Department
Household Hazardous Waste Program
(909) 382-5401 or
1-800-OILY-CAT (1-800-645-9228)
2824 East "W" Street
San Bernardino, CA
Monday to Friday 9:00 a.m. to 4:00 p.m.

Quick Guide to Recycling

What CAN Be Recycled...

PLASTICS NO. 1-7

- ▶ Milk, juice, soda and water bottles
- ▶ Yogurt, dairy and margarine tubs
- ▶ Shampoo and conditioner bottles
- ▶ Detergent and fabric softener bottles
- ▶ Clean garden pots or flats
- ▶ Styrofoam packaging & to go containers
- ▶ Disposable plates and cups

MIXED PAPER & NEWSPAPER

- ▶ Newspaper (with inserts)
- ▶ Magazines/ catalogues
- ▶ Junk mail (remove free samples)
- ▶ White & colored paper
- ▶ Brown paper bags
- ▶ Telephone/ paperback books
- ▶ Envelopes with plastic window
- ▶ Wrapping paper

ALUMINUM & TIN (labels may stay on)

- ▶ Steel or tin cans (e.g. tuna cans)
- ▶ Pie tins
- ▶ Aluminum foil
- ▶ Aluminum food & soda cans

CARDBOARD

- ▶ Cardboard
- ▶ Cardboard (soda/beverage carriers)
- ▶ Binboard (e.g. cereal boxes)
- ▶ Milk cartons

GLASS (remove lids from jar, labels may stay on)

- ▶ Glass bottles/ jars (any color)
- ▶ Mason jars

What NOT To Recycle...

- Soiled paper or cardboard
- Pizza boxes with food residue
- Hoses or lawn furniture
- Disposable diapers
- Clothing or shoes
- Food waste
- Bathroom Waste
- Wax paper
- Plastic children's toys or pools
- Aerosol or paint cans
- Window glass
- Flooring or carpet
- Rags
- Ribbon
- Carbon paper

Please do not contaminate your recyclable containers with trash and yard waste. All materials placed in your blue cart should be relatively clean, dry and empty.

For more information please contact your service provider or a City representative:

Burrtec Waste Industries, Inc. 909-889-1969

City of Highland, Public Services Division at 909-864-6861, extension 271.

Calendar of Events

April 29, 2023

10am to 12pm — YMCA Healthy Kids Day,
Highland Family YMCA, 7793 Central
Avenue, For more information call:
909-425-9622

May 2, 2023

6pm — Planning Commission Meeting,
Donahue Council Chambers

May 6, 2023

8am to 12pm — Highland Improvement
Team cleanup, Highland City Hall, 27215
Base Line

May 8, 2023

4pm to 5pm — Blood Drive Committee
Meeting, Highland City Hall, 27215 Base
Line

May 9, 2023

6pm — City Council Meeting, Donahue Council
Chambers

May 20, 2023

8am to 12 noon — Compost Giveaway,
Immanuel Baptist Event, 28355 Base Line

May 22, 2023

12pm to 5pm — Blood Drive, Highland Police
Station, 26985 Base Line

May 16, 2023

6pm — Planning Commission Meeting,
Donahue Council Chambers



THE CITY OF HIGHLAND FACEBOOK PAGE

The City of Highland has a new and improved Facebook page that we would like for you all to follow us on. This is where you will find important information regarding road closures and construction projects that may affect your travel time, scheduled power outages, emergencies, events such as: Community Blood Drives, Highland Improvement Team projects, Compost Give-A-Way, Used Oil Filter Exchange & Recycling Events and much more. Please "Like" City of Highland - City Hall (<https://www.facebook.com/cityofhighland.cityhall>) as the official page.

**Burrtec Waste
and Immanuel
Baptist Church**

City of Highland in Partnership with

Upcoming Compost Giveaway Events



Events:

City Hall

**March
04**

Time: 8am - 12 (noon)
Location: Highland City Hall
27215 Base Line

Immanuel Baptist Event

**May
20**

Time: 8am - 12 (noon)
Location: Immanuel Baptist Church
28355 Base Line

Immanuel Baptist Event

**July
15**

Time: 8am - 12 (noon)
Location: Immanuel Baptist Church
28355 Base Line

Immanuel Baptist Event

**September
23**

Time: 8am - 12 (noon)
Location: Immanuel Baptist Church
28355 Base Line

How It Works:

- Open to Highland Residents ONLY (proof of residency will be required).
- This is a SELF SERVE program, therefore participants must provide their own shovels and assistance to load their vehicle.
- Available on a first come first serve basis.
- Wait time could be up to 2 hours.
- A tarp is recommended for open bed truck & trailers.
- City staff reserve the right to end the event at any time due to product availability.

The City of Highland Public Services Division, Burrtec Waste Industries Inc. and Immanuel Baptist are teaming up to host FOUR, ONE DAY compost give-a-ways, so residents can tackle those lawn and garden projects for the Year.



BURRTEC
"We'll Take Care Of It"



HIGHLAND CITY HALL

**27215 BASE LINE
HIGHLAND, CA 92346**

**PICK UP YOUR FREE FOOD WASTE PAIL
MONDAY - THURSDAY 7:30AM TO 5:30PM**

For more information on how to
recycle food scraps scan this QR Code



FAQs

Residential Food Waste Recycling Program

Am I required to participate?

Yes. This is a California law that requires all residents, multi-family tenants, and commercial businesses to participate in food waste recycling in order to comply with Senate Bill 1383.

Will plastic bags be supplied?

Customers will be required to use their own bags. Bags do not need to be compostable or biodegradable.

What is the benefit of recycling food waste?

Your recycling efforts contribute to the reduction of greenhouse gas emissions in landfilled organic waste. This includes methane, a greenhouse gas 80 times more potent than carbon dioxide.

I already backyard compost, do I have to participate?

We encourage you to continue backyard composting. Organic items not suitable for backyard compost can be recycled through this program.

Can I use my garbage disposal instead?

No need to change your current garbage disposal use. Food currently being discarded in your trash barrel should now be bagged and placed in your green waste barrel.

What items are acceptable?

Fruits, vegetables, meats, seafood, dairy, eggshells, bread, food scraps, food soiled paper, plate scrapings, and expired food.

What items are not acceptable?

Trash, styrofoam, liquids, glass, plastic, metal, diapers, pet waste, electronic waste, and hazardous waste.





HEALTHY KIDS DAY®

April 29 | Free to the Public
10AM - 12PM

» FIND YOUR JOY.
FIND YOUR Y.

DON'T MISS OUT ON THE FUN!

Come join us for a day filled with fitness and enjoyment at our annual Healthy Kids Day event, taking place at all our branches. We have a range of activities suitable for kids of all ages, all designed to encourage healthy habits and promote an active lifestyle.

For a better us.® ymcaeastvalley.org

Highland Family YMCA
7793 Central Ave
909.425.9622

Redlands Family YMCA
500 East Citrus Ave
909.798.9622

San Bernardino Family YMCA
808 East 21st Street
909.881.9622

National
Sponsor





BLACK BARREL GUIDE

YES

- ✓ Clothing
- ✓ Diapers
- ✓ Dishware
- ✓ Hoses
- ✓ Flower pots
- ✓ Paper towels
- ✓ Pet waste
- ✓ Plastic bags
- ✓ Plastic toys
- ✓ Plastic utensils
- ✓ Shrink wrap
- ✓ Soiled paper
- ✓ Straws
- ✓ Window glass
- ✓ Wipes

NO

- ✗ Batteries
- ✗ Electronic waste
- ✗ Hazardous waste
- ✗ Hot ashes
- ✗ Infectious waste
- ✗ Flammables
- ✗ Fluorescent bulbs
- ✗ Machinery
- ✗ Paint
- ✗ Pesticides
- ✗ Oil
- ✗ Sharps
- ✗ Tires



BLUE BARREL GUIDE

YES

- ✓ Aerosol cans
- ✓ Aluminum cans
- ✓ Cardboard
- ✓ Cartons
- ✓ Computer paper
- ✓ Envelopes
- ✓ Glass bottles & jars
- ✓ Junk mail
- ✓ Magazines
- ✓ Newspaper
- ✓ Paper
- ✓ #1 - #7 Plastics
- ✓ Tin cans
- ✓ Tissue boxes
- ✓ Wrapping paper

NO

- ✗ Bubble wrap
- ✗ Carpet
- ✗ Ceramic dishes & cups
- ✗ Clothing
- ✗ Electronic waste
- ✗ Furniture
- ✗ Fluorescent bulbs
- ✗ Hoses
- ✗ Mirrors
- ✗ Pet food bags
- ✗ Plastic play pools
- ✗ Plastic toys
- ✗ Stuffed animals
- ✗ Windows glass



GREEN BARREL GUIDE

YES

- ✓ Bagged food waste
- ✓ Birds of Paradise
- ✓ Brush
- ✓ Dead plants
- ✓ Expired food
- ✓ Flowers
- ✓ Food soiled paper
- ✓ Grass clippings
- ✓ Leaves
- ✓ Prunings
- ✓ Shrub trimmings
- ✓ Small branches
- ✓ Twigs
- ✓ Untreated wood
- ✓ Weeds

NO

- ✗ Animal waste
- ✗ Batteries
- ✗ Cactus
- ✗ Concrete
- ✗ Dirt
- ✗ Electronic waste
- ✗ Flammables
- ✗ Glass
- ✗ Hazardous waste
- ✗ Liquids
- ✗ Metal
- ✗ Plastic
- ✗ Rocks

HOW TO COLLECT FOOD WASTE AT HOME



1 COLLECT

Begin collecting food waste separate from your other trash and recycling. This includes: fruits, vegetables, meats, seafood, bread, dairy, eggshells, coffee, plate scrapings, peels, rinds, food soiled paper, and expired food.

2 ADD & SECURE

Add food waste to its own separate plastic-lined container. Store it in a convenient place, such as on your countertop, in your refrigerator or under your sink. Secure your plastic bag by tying it off. Remember, bags do not have to be compostable or biodegradable. They can be any color. We encourage you to re-use bags you may already have such as bread bags and produce bags.



3 DISCARD

Place your bagged food waste into your green barrel, along with your green waste. Continue using your green waste barrel as usual. Remember, food waste no longer belongs in your trash barrel.

PROTECT YOUR COMMUNITY

KEEP TRASH OUT OF OUR STREETS



Step 1

Gather your used masks, gloves, and wipes

Step 2

Place the used items in a bag

Step 3

Tie or seal the bag and dispose into a trashcan



HAVE YOU PLAYED SPOT'S NEW TRASH MATCH-UP GAME?

Find out how much you know about sorting waste in San Bernardino County.



- Step 1:** Scan QR code or visit spot.sbcountystormwater.org
- Step 2:** Drag a trash item to a bin to start the game
- Step 3:** Make an account to claim your score on the leaderboard.

**available for mobile phones and desktops*



For a list of collection centers near you, visit TooToxicToTrash.com
Must be a San Bernardino County resident to visit centers.

PICK UP AFTER YOUR PET



WHY SHOULD I PICK UP?



Dog waste can infect children and adults with disease-causing bacteria and parasites.



Your dog can get infected from the waste of other dogs.



Dog waste can affect the quality of our rivers and oceans and make the water unsafe for swimming, drinking, or fishing.



BAG IT AND TRASH IT!

— Steps and Tips —

Step 1: Keep a supply of bags tied to your dog leash.

Step 2: Bag the poop and tie the bag.

Step 3: Dispose of the tied bag properly by throwing it into a trash can.

NEED A
**DOGGIE
CANISTER?**



@sbcounystormwater



Scan code for a
FREE CANISTER
freedoggiebags.com

Big Bear • Chino • Chino Hills • Colton • Fontana • Grand Terrace • Highland • Loma Linda • Montclair • Ontario • Rancho Cucamonga • Redlands
Rialto • San Bernardino • San Bernardino County • San Bernardino County Flood Control District • Upland • Yucaipa



SAFE SHARPS & MEDICATION DISPOSAL

DID YOU KNOW THAT FREE MAIL BACK OPTIONS ARE AVAILABLE TO RESIDENTS FOR PROPER AND SAFE DISPOSAL OF YOUR SHARPS AND MANY MEDICATIONS? PLEASE USE THE QR CODES BELOW OR VISIT [MED-PROJECT.ORG](https://med-project.org) FOR INFORMATION ABOUT FREE DISPOSAL OPTIONS AND TO REQUEST A MAIL BACK CONTAINER FOR YOUR SHARPS OR MEDICATION.

For sharps
disposal
please
visit



For medication
disposal
please visit



How to Safely Dispose Sharps

**EFFECTIVE
JULY 1, 2021**



SAN BERNARDINO COUNTY RESIDENTS can safely dispose of their used SHARPS in a 2 gallon or smaller, heavy-duty, plastic container as an alternative to plastic bio-hazard sharps containers at participating Household Hazardous Waste Collection facilities.

Containers should only contain needles, lancets, and syringes with a needle attached that must be completely spent (no liquid remaining, including EpiPens).

HOW TO CREATE YOUR OWN CONTAINER:

- Place sharps into an Approved Sharps Container or 2 gallon or smaller heavy-duty plastic container
- Do not use food product containers
- Must have a screw-top and puncture resistant lid
- Made of thick plastic
- 2 gallons or less
- Leak-resistant
- Remain upright when standing
- Place printed Bio-Hazard Label on both sides
- When $\frac{3}{4}$ filled, secure lid, and tape the container closed

DO NOT USE FOR SHARPS:



**Print FREE labels by visiting
Greensb.net**

**Preprinted labels are available at
HHW collection facilities**



**For more information and locations, call 1-800-Oily Cat (645-9228)
or visit Greensb.net**

SAN BERNARDINO COUNTY FIRE – Household Hazardous Waste

Cómo desechar las agujas de forma segura

**EFFECTIVO EL
1 DE JULIO 2021**



LOS RESIDENTES DEL CONDADO DE SAN BERNARDINO pueden desechar de manera segura sus agujas usadas en un recipiente de plástico resistente de 2 galones, o más pequeño como alternativa a los recipientes de plástico para objetos punzantes con riesgo biológico en los Centros participantes de Colección para desechos peligrosos del hogar.

Los recipientes solo deben contener agujas, lancetas y jeringas con una aguja adjunta que debe gastarse por completo (Sin residuo líquido incluyendo los EpiPens).

COMO CREAR SU PROPIO CONTENEDOR:

- Coloque las agujas en un recipiente para objetos punzantes aprobado o en un recipiente de plástico resistente de 2 galones o más pequeño
- No utilice envases de productos para alimentos
- Debe tener una tapa de rosca y resistente a los pinchazos
- Hecho de plástico grueso
- 2 galones o menos
- Resistente a fugas
- Permanezca erguido cuando esté de pie
- Coloque la etiqueta impresa de peligro biológico en ambos lados
- Cuando esté lleno 3/4, cierre la tapa y pegue el recipiente con cinta adhesiva para mantener el contenedor cerrado

NO UTILIZAR PARA AGUJAS :



Para imprimir etiquetas
GRATIS visite Greensb.net

Las etiquetas preimpresas están
disponibles en los Centros de Colección
para desechos peligrosos del hogar



Para obtener más información y ubicaciones,
llame al 1-800-Oily Cat (645-9228) o visite Greensb.net

SAN BERNARDINO COUNTY FIRE – Household Hazardous Waste



MEDIA CONTACT
Brian Haas
Office of Media and Public Information
(213) 244-2442
bhaas2@socalgas.com

NEWS RELEASE

SoCalGas Triples Contribution to Gas Assistance Fund to Help Customers *Impacted by Historically High Natural Gas Prices*

Company encourages customers to take advantage of conservation tips and programs to help reduce their bills

LOS ANGELES – January 6, 2023 – Southern California Gas Co. (SoCalGas) today announced a \$1 million contribution to the Gas Assistance Fund, a program that helps income-qualified customers pay their natural gas bills. Customers will be facing bills that could be double or higher compared to last year's winter bills.

The high bills are a result of historically high natural gas prices in the western United States. SoCalGas doesn't set the price for natural gas. Instead, natural gas prices are determined by national and regional markets. SoCalGas buys natural gas in those markets on behalf of residential and small business customers, and the cost of buying that gas is billed to those customers with no markup, meaning SoCalGas does not profit from gas commodity prices going up.

According to the US Energy Information Administration (EIA), a number of factors are contributing to higher natural gas commodity prices.

- Widespread, below-normal temperatures on much of the West Coast, including Washington and Oregon;
- High natural gas demand for heating by customers in areas with below normal temperatures;
- Reduced natural gas supplies to the West Coast from Canada and the Rocky Mountains;
- Reduced interstate pipeline capacity to the West Coast because of pipeline maintenance activities in West Texas; and
- Low natural gas storage levels on the West Coast.

A detailed report about these market conditions can be found here: <https://www.eia.gov/naturalgas/weekly/>.

The Gas Assistance Fund is a joint effort between SoCalGas and United Way of Greater Los Angeles, working with non-profit organizations throughout our service territory, to help income-qualified customers pay their natural gas bill with a one-time grant of up to \$100 per household. Full guidelines for qualification can be found at <https://www.socalgas.com/gaf>.

“We know that these higher prices have a real impact on our customers,” said Senior Vice President and Chief Customer Officer Gillian Wright. “But we want them to know that there is help. We have valuable information on how to conserve energy, programs to assist with managing your energy usage and an unprecedented contribution to our Gas Assistance Fund, which will help our most vulnerable customers pay their bills.”

To help customers manage energy usage and possibly save on bills, SoCalGas recommends the following tips:

- Lowering your thermostat three to five degrees – if health permits – can save up to 10 percent on heating costs.
- Installing proper caulking and weather-stripping can save roughly 10 to 15 percent on heating and cooling bills.
- Washing clothes in cold water to save up to 10 percent on water heating costs.
- Considering turning down the temperature on your water heater.
- Limiting use of non-essential natural gas appliances such as spas and fireplaces.
-

SoCalGas’ free Ways to Save tool may also help customers find ways to save on natural gas bills, with a personalized savings plan that offers a household energy analysis, customized energy-efficiency recommendations, bill comparisons and energy usage comparisons. Ways to Save can be found at www.socalgas.com/waystosave.

Customers can also sign up for weekly Bill Tracker Alerts to monitor gas consumption, take steps to reduce usage, and avoid bill surprises. Alerts are sent through email or text and include a bill-to-date and projected next bill amount to help manage energy bills as easily as possible. Eligible customers may also sign up for a Level Pay Plan (LPP), which averages their annual natural gas use and costs over 12 months.

SoCalGas also encourages individuals who are experiencing hardship to explore the many bill payment or assistance programs options it offers or to call 1-800-427-2200. Customers may be eligible for one of many assistance programs including:

- California Alternate Rates for Energy (CARE): Eligible participants can save 20 percent on their natural gas bill. [Socalgas.com/CARE](https://www.socalgas.com/CARE)
- Energy Savings Assistance Program (ESAP): Eligible customers can save energy and money through professional home improvements at no cost. [Socalgas.com/Improvements](https://www.socalgas.com/Improvements)
- Residential Advanced Clean Energy Program (RES DI): Eligible customers residing in single-family homes can receive a complimentary walkthrough energy assessment and installation of energy technologies to help conserve and lower energy usage.
- Arrearage Management Plan (AMP): Eligible customers can apply to have their past due balance forgiven. Learn more at www.socalgas.com/forgiveness.

For more information on tips, programs and ways to save, visit <https://newsroom.socalgas.com/stories/a-note-to-our-customers-high-bills-may-come-as-a-shock-in-january-but-we-have-some-tips-and>.

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About SoCalGas

Headquartered in Los Angeles, SoCalGas® is the largest gas distribution utility in the United States. SoCalGas delivers affordable, reliable, and increasingly renewable gas service to 21.8 million consumers across 24,000 square miles of Central and Southern California. Gas delivered through the company's pipelines will continue to play a key role in California's clean energy transition—providing electric grid reliability and supporting wind and solar energy deployment.

SoCalGas' mission is to build the cleanest, safest and most innovative energy company in America. In support of that mission, SoCalGas aspires to achieve net-zero greenhouse gas emissions in its operations and delivery of energy by 2045 and to replacing 20 percent of its traditional natural gas supply to core customers with renewable natural gas (RNG) by 2030. Renewable natural gas is made from waste created by landfills and wastewater treatment plants. SoCalGas is also committed to investing in its gas delivery infrastructure while keeping bills affordable for customers. SoCalGas is a subsidiary of Sempra (NYSE: SRE), an energy infrastructure company based in San Diego.

For more information visit [socalgas.com/newsroom](https://www.socalgas.com/newsroom) or connect with SoCalGas on Twitter (@SoCalGas), Instagram (@SoCalGas) and Facebook.

This press release contains statements that constitute forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Forward-looking statements are based on assumptions with respect to the future, involve risks and uncertainties, and are not guarantees. Future results may differ materially from those expressed or implied in any forward-looking statement. These forward-looking statements represent our estimates and assumptions only as of the date of this press release. We assume no obligation to update or revise any forward-looking statement as a result of new information, future events or other factors.

In this press release, forward-looking statements can be identified by words such as "believes," "expects," "intends," "anticipates," "contemplates," "plans," "estimates," "projects," "forecasts," "should," "could," "would," "will," "confident," "may," "can," "potential," "possible," "proposed," "in process," "construct," "develop," "opportunity," "initiative," "target," "outlook," "optimistic," "maintain," "continue," "progress," "advance," "goal," "aim," "commit," or similar expressions, or when we discuss our guidance, priorities, strategy, goals, vision, mission, opportunities, projections, intentions or expectations.

Factors, among others, that could cause actual results and events to differ materially from those expressed or implied in any forward-looking statement include risks and uncertainties relating to: decisions, investigations, regulations, issuances or revocations of permits or other authorizations, renewals of franchises, and other actions by (i) the California Public Utilities Commission (CPUC), U.S. Department of Energy, and other governmental and regulatory bodies and (ii) the U.S. and states, counties, cities and other jurisdictions therein in which we do business; the success of business development efforts and construction projects, including risks in (i) completing construction projects or other transactions on schedule and budget, (ii) realizing anticipated benefits from any of these efforts if completed, and (iii) obtaining the consent or approval of partners or other third parties, including governmental and regulatory bodies; civil and criminal litigation, regulatory inquiries, investigations, arbitrations and other proceedings, including those related to the natural gas leak at the Aliso Canyon natural gas storage facility; changes to laws and regulations; cybersecurity threats, including by state and state-sponsored actors, by ransomware or other attacks on our systems or the systems of third-parties with which we conduct business, including to the energy grid or other energy infrastructure, all of

which have become more pronounced due to recent geopolitical events, such as the war in Ukraine; failure of our counterparties to honor their contracts and commitments; our ability to borrow money on favorable terms or otherwise and meet our debt service obligations, including due to (i) actions by credit rating agencies to downgrade our credit ratings or place those ratings on negative outlook and (ii) rising interest rates and inflation; the impact on our cost of capital and the affordability of customer rates due to volatility in inflation, interest rates and commodity prices and our ability to effectively hedge these risks; the impact of energy and climate policies, laws, rules and disclosures, as well as related goals and actions of companies in our industry, including actions to reduce or eliminate reliance on natural gas, any deterioration of or increased uncertainty in the political or regulatory environment for California natural gas distribution companies and the risk of nonrecovery for stranded assets; the pace of the development and adoption of new technologies in the energy sector, including those designed to support governmental and private party energy and climate goals, and our ability to efficiently incorporate them into our business; weather, natural disasters, pandemics, accidents, equipment failures, explosions, acts of terrorism, information system outages or other events that disrupt our operations, damage our facilities or systems, cause the release of harmful materials, cause fires or subject us to liability for damages, fines and penalties, some of which may not be recoverable through regulatory mechanisms, may be disputed or not covered by insurers, or may impact our ability to obtain satisfactory levels of affordable insurance; the availability of natural gas and natural gas storage capacity, including disruptions caused by limitations on the withdrawal of natural gas from storage facilities; the impact of the COVID-19 pandemic on capital projects, regulatory approvals and the execution of our operations; changes in tax and trade policies, laws and regulations, including tariffs, revisions to international trade agreements and sanctions, such as those that have been imposed and that may be imposed in the future in connection with the war in Ukraine, which may increase our costs, reduce our competitiveness, impact our ability to do business with certain counterparties, or impair our ability to resolve trade disputes; and other uncertainties, some of which are difficult to predict and beyond our control.

These risks and uncertainties are further discussed in the reports that the company has filed with the U.S. Securities and Exchange Commission (SEC). These reports are available through the EDGAR system free-of-charge on the SEC's website, <http://www.sec.gov>, and on Sempra's website, <http://www.sempra.com>. Investors should not rely unduly on any forward-looking statements.

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