

# WEEKLY NEWSLETTER

*City of Highland*



Merry Christmas &  
Happy New Year

Due to the 2022 Christmas and 2023  
New Year's Day holidays on Sunday,  
there will be **NO SERVICE  
INTERRUPTIONS** or delays during the  
holiday weeks.

Should you have any questions regarding the holiday  
collection services, please contact:  
Burrtec at (909) 889-1969 or  
City of Highland, Public Services Division at (909) 864-8732 ext. 271



# Volunteer Services

Highland had another successful blood drive! Our very dedicated donors of Highland donated 19 units of blood on our last event November 28, 2022, helping us achieve our targeted goal! Thank you to all who took the time to make this drive a success.

For more information or to schedule an appointment, contact Volunteer Services at 909-864-6861 extension, 203 or email [dmoreno@cityofhighland.org](mailto:dmoreno@cityofhighland.org).

Thank you



## BLOOD DONATIONS URGENTLY NEEDED!!!

SAN BERNARDINO, CA – Officials at LifeStream Blood Bank, which provides blood products and services to more than 80 Southern California hospitals, are desperately urging residents to help the community battle back against a severe blood shortage that threatens local patients.

“Area hospitals do not have enough blood on their shelves to treat patients in need,” said Dr. Rick Axelrod, LifeStream’s president/CEO and medical director. “All blood types are desperately needed. Our type O supply has taken a considerable hit, reaching historic low levels. This is extremely alarming, especially in the summer months, which is already a challenging time for blood collection. We are making an immediate call to action. Hospitals will cancel needed surgeries for adults and children if collections continue to decline.”

To fulfill patient need, LifeStream must collect at least 500 blood donations daily. LifeStream has fixed-site donor centers in San Bernardino, Riverside, Ontario, Victorville, Murrieta, La Quinta, Rancho Mirage, Placentia, and Hemet and conducts mobile drives throughout its service area.

This critical shortage puts patient care at risk, and we ask our community to stand with those patients and their loved ones by ‘rolling up a sleeve’ and sharing their most precious gift,” continued Dr. Axelrod. “Just one pint of blood can save three lives. By donating, you can bring hope to many local families and their loved ones. Your donation will save a life.”

# MED-PROJECT

## Medication Education & Disposal

### Safely Dispose of Sharps

Safely disposing of home-generated used sharps is important. Sharps that are not disposed of safely may cause injury.

#### What Should You Do With Your Sharps? Sharps Disposal

**Accepted:** Sharps such as hypodermic needles, pen needles, intravenous needles, lancets, and other devices that are used to penetrate the skin for the delivery of medications, contained in U.S. Food and Drug Administration-cleared sharps containers. Please separate and remove any items that are not accepted before disposing.

**Not Accepted:** Controlled substances (such as opioids), unwanted medicine separate from sharps, batteries, illicit or illegal drugs, and biologics (such as insulin).



#### Disposal of Household Sharps

##### Sharps Usage

If there are specific instructions on the label, package, or package insert, please follow those instructions.

##### Safe Disposal Information

Place all sharps in a sharps disposal container immediately after they have been used. This will reduce the risk of needle sticks, cuts, and punctures from sharps. Never place sharps in the trash, recycling, or green waste container. Never flush sharps down the drain or toilet.



##### Mail-Back Services

Mail-Back Services are available in your area. To order a Mail-Back package, visit the Mail-Back section of [www.med-project.org](http://www.med-project.org). Sharps can be dangerous to people and pets if not disposed of safely. Sharps can cause injuries and/or spread infections that cause serious health conditions. These infections may include: Hepatitis B (HBV), Hepatitis C (HCV), and Human Immunodeficiency Virus (HIV). Safe sharps disposal is important whether you are at home, at work, at school, traveling, or in other public places such as hotels, parks, and restaurants. Pet owners who use needles to give medicine to their pets should follow the same sharps disposal guidelines used for humans.

### Sharps Disposal Containers

All sharps disposal containers should be made of heavy-duty plastic; able to close with a tight-fitting, puncture resistant lid without sharps being able to come out; upright and stable during use; leak-resistant; and properly labeled as “sharps waste” or with the biohazard symbol and the word “BIOHAZARD”.

Place all sharps in a sharps disposal container immediately after they have been used. This will reduce the risk of needle sticks, cuts, and punctures from sharps. Sharps disposal containers should be kept out of reach of children and pets.

## Do Not Reuse Sharps Disposal Containers

### Mail-Back Services

Mail-Back Services are available in your area. To order a Mail-Back package, visit the Mail-Back section of [www.med-project.org](http://www.med-project.org). For more information about the MED-Project program: Visit [www.MED-PROJECT.org](http://www.MED-PROJECT.org) or call 1 (844) MED-PROJECT (633-7765).

Should you have any questions regarding the MED-PROJECT Sharps free home Mail-Back Services, please contact: City of Highland, Public Services Division at 909-864-8732, ext. 271.



# San Bernardino County Household Hazardous Waste Collection Facilities

## ACCEPTED ITEMS

- Motor Oil/Used Filters
- Auto & Household Batteries
- Paint Products
- Antifreeze
- Household Cleaners
- Pesticides & Fertilizers
- Medications (excluding controlled substances, separate liquids from solids)
- Home-Generated Sharps/Needles in approved container
- Fluorescent Tubes
- E-Waste (Electronic Waste) such as: TVs & Computer Monitors, CPUs, Printers, Microwave Ovens, Cell/Mobile Phones, Telephones, Space Heaters, Stereos, Radios, VCRs/DVD Players, Musical Cards, Clothes Irons
- Mercury Thermostats
- Cooking Oil

## ITEMS NOT ACCEPTED

- Business/Commercial Wastes
- Wastes from foreclosed properties and non-profit organizations
- Radioactive Wastes
- Medical Wastes other than Sharps
- Asbestos
- Explosives
- Reactives
- Tires, Appliances, Furniture, Air Conditioner, etc.

## Transportation Guidelines

*Before transporting hazardous waste to a collection facility, be sure that:*

- The amount of waste transported does not exceed 15 gallons or 125 lbs per visit in containers no larger than 5 gallons.
- The waste is properly labeled as to its contents or in its original container.
- The containers are sound, not leaking and sealed.
- Wastes are placed securely in the vehicle for safe transport.
- The contents of the container are the same as stated on the label. If not, cover up the label and write the name of its contents.

**Did you know that used motor oil and filters are 100% recyclable?**

## Collection Facility Information

San Bernardino County Fire Depart.  
Household Hazardous Waste Program  
(909) 382-5401 or  
1-800-OILY-CAT (1-800-645-9228)  
2824 East "W" Street  
San Bernardino, CA



## Fats, Cooking Oil, and Grease (FOG)

Be a good neighbor and help prevent sewage backups!

- Never pour fats, oil, or grease down drains, even if you have a garbage disposal! It could cause sewer backups into houses or onto streets, harming wildlife and be expensive to clean up.
- Pour cooking oil and grease into a seal-able container with an absorbent such as paper garbage and discard with your other garbage.
- Recycle large amounts of grease or cooking oil (including from deep fryers), in a tightly sealed container.
- For more information about disposing used cooking oil or grease visit the <https://sbcountystormwater.org/residents/toxic-items/cooking-oil-recycling/>
- Use food strainers in kitchen sinks to catch food particles and scrape leftover food waste into the garbage or compost container instead of the garbage disposal.



## Got Leftover Cooking Oil?



- If you have or anticipate having used cooking oil/grease, here are a few tips for proper disposal:
- 1. Let the used cooking oil/grease cool to a safe handling temperature.
- 2. Pour it into a container with a lid for safe storage and transportation.
- 3. Dispose of it properly by taking it to the San Bernardino County Fire Department's Household Hazardous Waste Collection Facility located at 2824 East "W" Street, San Bernardino, CA 92415. Monday – Friday from 9am to 4pm. (909) 382-5401.

For more information please contact the City of Highland Public Services Division  
at 909-864-8732, ext. 271



# Calendar of Events

December 13, 2022  
6pm — City Council Meeting,  
Donahue Council Chambers

December 20, 2022  
6pm — Planning Commission Meeting,  
Donahue Council Chambers

January 3, 2023  
6pm — Planning Commission Meeting,  
Donahue Council Chambers

January 10, 2023  
6pm — City Council Meeting,  
Donahue Council Chambers

January 17, 2023  
6pm — Planning Commission Meeting,  
Donahue Council Chambers



## THE CITY OF HIGHLAND FACEBOOK PAGE

The City of Highland has a new and improved Facebook page that we would like for you all to follow us on. This is where you will find important information regarding road closures and construction projects that may affect your travel time, scheduled power outages, emergencies, events such as: Community Blood Drives, Highland Improvement Team projects, Compost Give-A-Way, Used Oil Filter Exchange & Recycling Events and much more. Please "Like" City of Highland - City Hall (<https://www.facebook.com/cityofhighland.cityhall>) as the official page.



**BURRTEC**  
"We'll Take Care Of It"



# HIGHLAND CITY HALL

**27215 BASE LINE  
HIGHLAND, CA 92346**

**PICK UP YOUR FREE FOOD WASTE PAIL  
MONDAY - THURSDAY 7:30AM TO 5:30PM**

For more information on how to  
recycle food scraps scan this QR Code



# FAQs

## Residential Food Waste Recycling Program

### Am I required to participate?

Yes. This is a California law that requires all residents, multi-family tenants, and commercial businesses to participate in food waste recycling in order to comply with Senate Bill 1383.

### Will plastic bags be supplied?

Customers will be required to use their own bags. Bags do not need to be compostable or biodegradable.

### What is the benefit of recycling food waste?

Your recycling efforts contribute to the reduction of greenhouse gas emissions in landfilled organic waste. This includes methane, a greenhouse gas 80 times more potent than carbon dioxide.

### I already backyard compost, do I have to participate?

We encourage you to continue backyard composting. Organic items not suitable for backyard compost can be recycled through this program.

### Can I use my garbage disposal instead?

No need to change your current garbage disposal use. Food currently being discarded in your trash barrel should now be bagged and placed in your green waste barrel.

### What items are acceptable?

Fruits, vegetables, meats, seafood, dairy, eggshells, bread, food scraps, food soiled paper, plate scrapings, and expired food.

### What items are not acceptable?

Trash, styrofoam, liquids, glass, plastic, metal, diapers, pet waste, electronic waste, and hazardous waste.





### BLACK BARREL GUIDE

#### YES

- ✓ Clothing
- ✓ Diapers
- ✓ Dishware
- ✓ Hoses
- ✓ Flower pots
- ✓ Paper towels
- ✓ Pet waste
- ✓ Plastic bags
- ✓ Plastic toys
- ✓ Plastic utensils
- ✓ Shrink wrap
- ✓ Soiled paper
- ✓ Straws
- ✓ Window glass
- ✓ Wipes

#### NO

- ✗ Batteries
- ✗ Electronic waste
- ✗ Hazardous waste
- ✗ Hot ashes
- ✗ Infectious waste
- ✗ Flammables
- ✗ Fluorescent bulbs
- ✗ Machinery
- ✗ Paint
- ✗ Pesticides
- ✗ Oil
- ✗ Sharps
- ✗ Tires

### BLUE BARREL GUIDE

#### YES

- ✓ Aerosol cans
- ✓ Aluminum cans
- ✓ Cardboard
- ✓ Cartons
- ✓ Computer paper
- ✓ Envelopes
- ✓ Glass bottles & jars
- ✓ Junk mail
- ✓ Magazines
- ✓ Newspaper
- ✓ Paper
- ✓ #1 - #7 Plastics
- ✓ Tin cans
- ✓ Tissue boxes
- ✓ Wrapping paper

#### NO

- ✗ Bubble wrap
- ✗ Carpet
- ✗ Ceramic dishes & cups
- ✗ Clothing
- ✗ Electronic waste
- ✗ Furniture
- ✗ Fluorescent bulbs
- ✗ Hoses
- ✗ Mirrors
- ✗ Pet food bags
- ✗ Plastic play pools
- ✗ Plastic toys
- ✗ Stuffed animals
- ✗ Windows glass

### GREEN BARREL GUIDE

#### YES

- ✓ Bagged food waste
- ✓ Birds of Paradise
- ✓ Brush
- ✓ Dead plants
- ✓ Expired food
- ✓ Flowers
- ✓ Food soiled paper
- ✓ Grass clippings
- ✓ Leaves
- ✓ Prunings
- ✓ Shrub trimmings
- ✓ Small branches
- ✓ Twigs
- ✓ Untreated wood
- ✓ Weeds

#### NO

- ✗ Animal waste
- ✗ Batteries
- ✗ Cactus
- ✗ Concrete
- ✗ Dirt
- ✗ Electronic waste
- ✗ Flammables
- ✗ Glass
- ✗ Hazardous waste
- ✗ Liquids
- ✗ Metal
- ✗ Plastic
- ✗ Rocks

# HOW TO COLLECT FOOD WASTE AT HOME



## 1 COLLECT

Begin collecting food waste separate from your other trash and recycling. This includes: fruits, vegetables, meats, seafood, bread, dairy, eggshells, coffee, plate scrapings, peels, rinds, food soiled paper, and expired food.

## 2 ADD & SECURE

Add food waste to its own separate plastic-lined container. Store it in a convenient place, such as on your countertop, in your refrigerator or under your sink. Secure your plastic bag by tying it off. Remember, bags do not have to be compostable or biodegradable. They can be any color. We encourage you to re-use bags you may already have such as bread bags and produce bags.



## 3 DISCARD

Place your bagged food waste into your green barrel, along with your green waste. Continue using your green waste barrel as usual. Remember, food waste no longer belongs in your trash barrel.

# HIGHLAND IMPROVEMENT TEAM

## CLEANUPS

Yard & Garage Cleanup  
Help for Highland's Senior  
and Disabled Residents

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### HOW TO QUALIFY FOR A FREE CLEANUP PROJECT:

- ✓ Age 50+ (or)
- ✓ Disabled (any age)
- ✓ Own & Live in Home



CITY OF  
**HIGHLAND**  
*California*



**CONTACT VOLUNTEER  
SERVICES TODAY!**

- 📞 909-864-6861 Ext. 203
- 📍 27215 Base Line, Highland
- ✉️ [dmoreno@cityofhighland.org](mailto:dmoreno@cityofhighland.org)

**WE ARE LOOKING FOR YOU!**



# **THE HIGHLAND IMPROVEMENT TEAM NEEDS VOLUNTEERS!**

*Be part of a great group of dedicated community volunteers!*

**JOIN US AS WE BEAUTIFY OUR COMMUNITY!**

Our mission is to improve the overall environment  
of our City for all residents and businesses.

# GET INVOLVED TODAY!

Sign up as a Highland volunteer!

**We need you!**

Projects vary and include:

- Residential yard cleanups
- Residential garage cleanout
- Graffiti abatement
- Litter pick up
- Park cleanups
- Special events and many more!



*For more information, please contact Denise Moreno at 909-864-6861 ext. 203 or [dmoreno@cityofhighland.org](mailto:dmoreno@cityofhighland.org)*

# PROTECT YOUR COMMUNITY

## KEEP TRASH OUT OF OUR STREETS



### Step 1

Gather your used masks, gloves, and wipes

### Step 2

Place the used items in a bag

### Step 3

Tie or seal the bag and dispose into a trashcan



## HAVE YOU PLAYED SPOT'S NEW TRASH MATCH-UP GAME?

Find out how much you know about sorting waste in San Bernardino County.



- Step 1:** Scan QR code or visit [spot.sbcountystormwater.org](http://spot.sbcountystormwater.org)
- Step 2:** Drag a trash item to a bin to start the game
- Step 3:** Make an account to claim your score on the leaderboard.

*\*available for mobile phones and desktops*



For a list of collection centers near you, visit [TooToxicToTrash.com](http://TooToxicToTrash.com)  
Must be a San Bernardino County resident to visit centers.

# PICK UP AFTER YOUR PET



## WHY SHOULD I PICK UP?

-  Dog waste can infect children and adults with disease-causing bacteria and parasites.
-  Your dog can get infected from the waste of other dogs.
-  Dog waste can affect the quality of our rivers and oceans and make the water unsafe for swimming, drinking, or fishing.



## BAG IT AND TRASH IT!

— Steps and Tips —

- Step 1:** Keep a supply of bags tied to your dog leash.
- Step 2:** Bag the poop and tie the bag.
- Step 3:** Dispose of the tied bag properly by throwing it into a trash can.

NEED A  
**DOGGIE  
CANISTER?**



#SBCFreeCanister

@sbcountystormwater

Scan code for a  
**FREE CANISTER**  
[freedoggiebags.com](http://freedoggiebags.com)

Big Bear • Chino • Chino Hills • Colton • Fontana • Grand Terrace • Highland • Loma Linda • Montclair • Ontario • Rancho Cucamonga • Redlands  
Rialto • San Bernardino • San Bernardino County • San Bernardino County Flood Control District • Upland • Yucaipa

# How to Safely Dispose Sharps

**EFFECTIVE  
JULY 1, 2021**



SAN BERNARDINO COUNTY RESIDENTS can safely dispose of their used SHARPS in a 2 gallon or smaller, heavy-duty, plastic container as an alternative to plastic bio-hazard sharps containers at participating Household Hazardous Waste Collection facilities.

Containers should only contain needles, lancets, and syringes with a needle attached that must be completely spent (no liquid remaining, including EpiPens).

## HOW TO CREATE YOUR OWN CONTAINER:

- Place sharps into an Approved Sharps Container or 2 gallon or smaller heavy-duty plastic container
- Do not use food product containers
- Must have a screw-top and puncture resistant lid
- Made of thick plastic
- 2 gallons or less
- Leak-resistant
- Remain upright when standing
- Place printed Bio-Hazard Label on both sides
- When  $\frac{3}{4}$  filled, secure lid, and tape the container closed

## DO NOT USE FOR SHARPS:



**Print FREE labels by visiting  
[Greensb.net](https://www.greensb.net)**

**Preprinted labels are available at  
HHW collection facilities**



**For more information and locations, call 1-800-Oily Cat (645-9228)  
or visit [Greensb.net](https://www.greensb.net)**

SAN BERNARDINO COUNTY FIRE – Household Hazardous Waste

# Cómo desechar las agujas de forma segura

**EFFECTIVO EL  
1 DE JULIO 2021**



LOS RESIDENTES DEL CONDADO DE SAN BERNARDINO pueden desechar de manera segura sus agujas usadas en un recipiente de plástico resistente de 2 galones, o más pequeño como alternativa a los recipientes de plástico para objetos punzantes con riesgo biológico en los Centros participantes de Colección para desechos peligrosos del hogar.

Los recipientes solo deben contener agujas, lancetas y jeringas con una aguja adjunta que debe gastarse por completo (Sin residuo líquido incluyendo los EpiPens).

## COMO CREAR SU PROPIO CONTENEDOR:

- Coloque las agujas en un recipiente para objetos punzantes aprobado o en un recipiente de plástico resistente de 2 galones o más pequeño
- No utilice envases de productos para alimentos
- Debe tener una tapa de rosca y resistente a los pinchazos
- Hecho de plástico grueso
- 2 galones o menos
- Resistente a fugas
- Permanezca erguido cuando esté de pie
- Coloque la etiqueta impresa de peligro biológico en ambos lados
- Cuando esté lleno 3/4, cierre la tapa y pegue el recipiente con cinta adhesiva para mantener el contenedor cerrado

## NO UTILIZAR PARA AGUJAS :



Para imprimir etiquetas  
**GRATIS** visite [Greensb.net](http://Greensb.net)

Las etiquetas preimpresas están  
disponibles en los Centros de Colección  
para desechos peligrosos del hogar



Para obtener más información y ubicaciones,  
llame al 1-800-Oily Cat (645-9228) o visite [Greensb.net](http://Greensb.net)

SAN BERNARDINO COUNTY FIRE – Household Hazardous Waste



#### **MEDIA CONTACT**

Denise Campos  
Office of Media and Public Information  
(213) 244-2442  
[dcampos@socalgas.com](mailto:dcampos@socalgas.com)

#### **NEWS RELEASE**

## **New Eligibility Guidelines Open SoCalGas Energy Savings Assistance Program to More Customers**

*Recently enacted California law increases customer access to no-cost energy-saving home improvements which support SoCalGas' efforts to lead the transition to a clean energy system*

**LOS ANGELES (July 6, 2022)** – [Southern California Gas Co.](#) (SoCalGas) announced that as of July 1, 2022, more customers will now be eligible for no-cost energy-saving home improvements through the Energy Savings Assistance Program. The new guidelines expand eligibility criteria for customers whose income is up to 250% of federal poverty guidelines, compared to the previous criteria of up to 200%. A family of four that earns up to \$69,375, will now be eligible for no-cost energy efficiency upgrades. The previous income eligibility guidelines were up to \$55,500 for a family of four.

The ESA program provides attic insulation, furnace repair or replacement, clothes washer, water heater repair or replacement, water heater blankets, door weather stripping, caulking, low-flow showerheads, faucet aerators, minor repairs to doors and windows, and other services to eligible customers.

Customers could save up to 20% annually on their natural gas bill depending on the energy efficiency upgrades performed. More than 1.6 million homes have been enrolled in the program since 2002.

Customers can qualify for the Energy Savings Assistance Program based on having one individual in the home who falls under the income guidelines or participates in a public assistance program like Medi-Cal/Medicaid, CalFresh, the National School Lunch Program, among others. The program is open to renters and homeowners, and income levels are updated annually to adjust for federal poverty guidelines.

"SoCalGas is leading the transition to a more resilient energy future by providing customers with affordable, more sustainable energy. Through the Energy Savings Assistance Program, we can offer long-term, energy-efficient home improvements to customers that will lower their costs and reduce a household's environmental footprint. The program's expanded guidelines will allow more SoCalGas customers to save energy and save money and help us collectively reach clean energy goals," said Brian Prusnek, SoCalGas' Director of Customer Programs and Assistance.

The Energy Savings Assistance Program's revised income guidelines were the result of Senate Bill 756, authored by San Diego Senator Ben Hueso (D-40). "The ESA program is an important tool for our state in the fight against climate change," said Senator Hueso. "Energy efficiency upgrades reduce energy utility bills, increase a family's quality of life and comfort, support economic development, and move the state closer toward its climate goals. However, the ESA program budgets are routinely not fully expended – often with hundreds of millions of dollars remaining unspent each year. This new law will remedy that by expanding eligibility to include more low-income customers."

"My family and I are very happy and grateful for the weatherization repairs SoCalGas and their contractor ACSGROUP provided to our home," said Veronica Medrano, a SoCalGas customer from Montclair. "We received a new furnace, and they installed a new water heater and we also qualified for a new washing machine. Our home is now more energy efficient. This program has changed our lives."

Another SoCalGas customer assistance program is the California Alternative Rates for Energy (CARE) program, which will continue to provide a 20% discount on the monthly natural gas bill for customers who participate in certain public assistance programs or fall within 200% of federal poverty guidelines. A family of four that earns up to \$55,500 is now eligible for the discount.

To learn about SoCalGas' customer assistance programs, including the CARE program, or to sign up for the Energy Savings Assistance Program, visit [socalgas.com/assistance](https://socalgas.com/assistance) or call (800) 331-7593. Information is available in the following languages: Chinese, Hmong, Korean, Russian, Spanish, and Vietnamese.

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### **About SoCalGas**

Headquartered in Los Angeles, [SoCalGas®](#) is the [largest gas distribution utility](#) in the United States. SoCalGas delivers affordable, reliable, and increasingly renewable gas service to 21.8 million consumers across [24,000 square miles](#) of Central and Southern California. Gas delivered through the company's pipelines will continue to play a key role in California's clean energy transition—providing electric grid reliability and supporting wind and solar energy deployment.

SoCalGas' mission is to build the [cleanest, safest and most innovative energy company in America](#). In support of that mission, SoCalGas aspires to achieve [net-zero greenhouse gas emissions](#) in its operations and delivery of energy by 2045 and to replacing 20 percent of its traditional natural gas supply to core customers with renewable natural gas (RNG) by 2030. Renewable natural gas is made from waste created by dairy farms, landfills, and wastewater treatment plants. SoCalGas is also committed to investing in its gas delivery infrastructure while keeping bills affordable for customers. SoCalGas is a subsidiary of [Sempra](#) (NYSE: SRE), an energy services holding company based in San Diego.

For more information visit [socalgas.com/newsroom](https://socalgas.com/newsroom) or connect with SoCalGas on [Twitter](#) (@SoCalGas), [Instagram](#) (@SoCalGas) and [Facebook](#).