

City of Highland Weekly Report



August 12, 2022



Public Works

SR-210 Construction Update

Construction of the SR-210 Lane Addition and Base Line Interchange Project is approximately 70% complete. San Bernardino County Transportation Authority (SBCTA) has several major upcoming construction activities that are necessary for project completion.

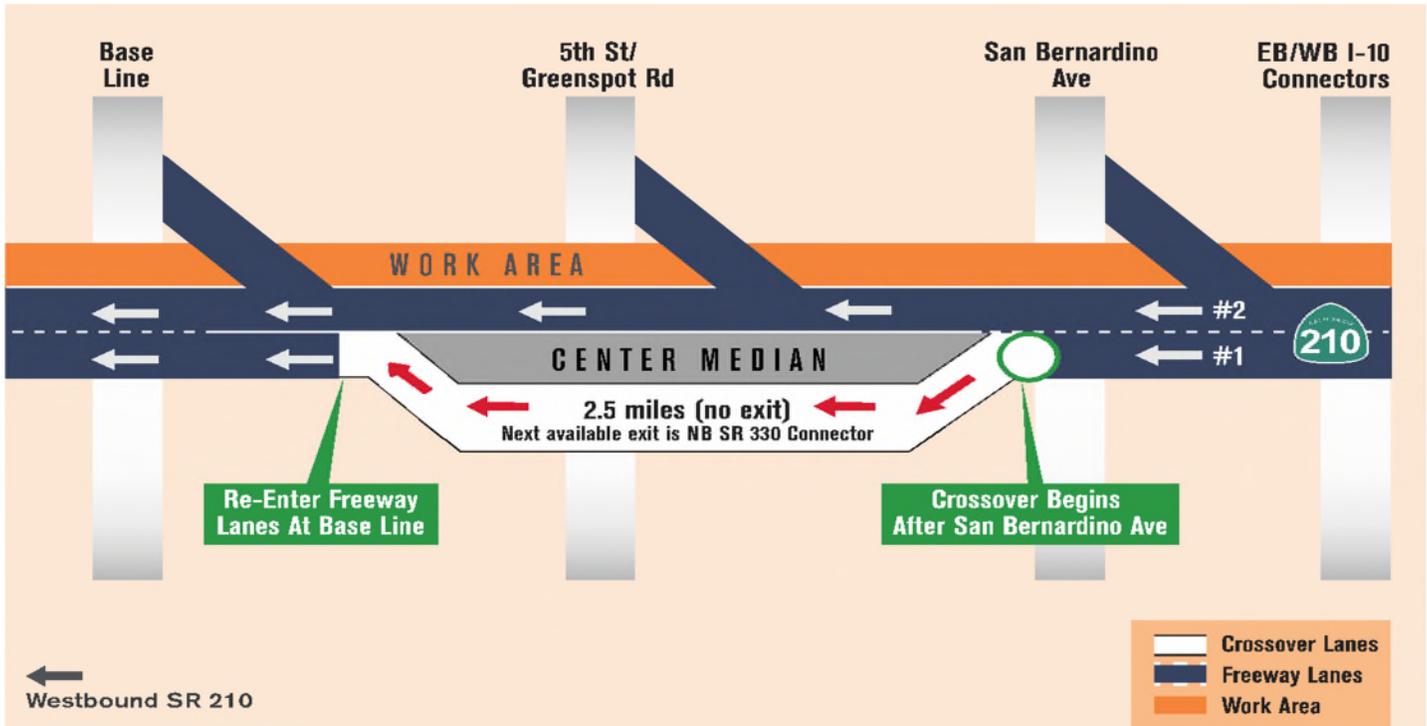
On Monday, August 15, 2022 the eastbound SR-210 crossover lane will be removed, and a new lane configuration will be implemented. If you are accessing eastbound SR-210 from San Bernardino Avenue, you will not be able to access the eastbound I-10 connector. Drivers will be directed into westbound I-10. This configuration will be in place for approximately 4 to 5 months.

On the week of August 22, 2022 a temporary crossover lane will go into effect on westbound SR-210 between San Bernardino Avenue and Base Line. This temporary pattern will shift traffic on westbound SR-210 to the other side of the center median for 2.5 miles, allowing construction crews to begin pavement rehabilitation activities on the existing westbound freeway.

Drivers in the crossover lane will not be able to exit 5th Street/Greenspot Road or Base Line. This lane freeway lane configuration will be in place for approximately 6 months.



SR-210 Construction Update Continued...



Please visit the <https://www.gosbcta.com/project/sr-210-lane-addition-base-line-interchange/> for more information on both construction activities, including lane restrictions and recommended detours. *We want to thank Highland residents for their continued patience and support of this project.*

Public Services

FREE COMPOST GIVEAWAY

Highland residents this is an opportunity for you to tackle those lawn and garden projects. The City of Highland Public Services Division and Burrtec Waste Industries, Inc. are teaming up to host a one day compost giveaway. Join us on **August 27, 2022** from **8:00 a.m. to 12:00 p.m. (Noon)** at Highland City Hall, 27215 Base Line, to pick up your FREE compost.

Here is how it works: Open to Highland Residents ONLY (proof of residency will be required). **This is a self-service program, therefore participants must provide their own shovels and assistance to load their vehicles.**

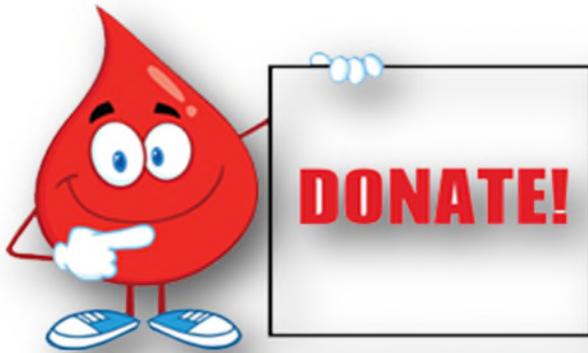
- Available on a first come, first serve basis.
- A tarp is recommended for open bed trucks or trailers.
- The City of Highland reserves the right to end the event at any time due to product availability.
- Compost can be used as a soil additive in gardens and flower beds to give plants additional nutrients and acts as a natural fertilizer. Compost helps grow stronger, healthier flowers, plants and vegetables.



For more information on this event please contact the Public Services Division at (909) 864-8732, extension 271.

Volunteer Services

Local hospitals do not have enough blood for patient care. Blood donations are URGENTLY needed now to protect lifesaving treatments in your community! LifeStream is urging all who are able, to donate immediately.



SAN BERNARDINO, CALIFORNIA – Officials at LifeStream Blood Bank, which provides blood products and services to more than 80 Southern California hospitals, are desperately urging residents to help the community battle back against a severe blood shortage that threatens local patients.

“Area hospitals do not have enough blood on their shelves to treat patients in need,” said Dr. Rick Axelrod, LifeStream’s president/CEO and medical director. “All blood types are desperately needed. Our type O supply has taken a considerable hit, reaching historic low levels. This is extremely alarming, especially in the summer months, which is already a challenging time for blood collection. We are making an immediate call to action. Hospitals will cancel needed surgeries for adults and children if collections continue to decline.” To fulfill patient need, LifeStream must collect at least 500 blood donations daily. LifeStream has fixed-site donor centers in San Bernardino, Riverside, Ontario, Victorville, Murrieta, La Quinta, Rancho Mirage, Placentia, and Hemet and conducts mobile drives throughout its service area.

“This critical shortage puts patient care at risk, and we ask our community to stand with those patients and their loved ones by ‘rolling up a sleeve’ and sharing their most precious gift,” continued Dr. Axelrod. “Just one pint of blood can save three lives. By donating, you can bring hope to many local families and their loved ones. Your donation will save a life.”

You can help Highland increase blood donations...schedule your appointment today! Blood Drive will take place at the Highland Police Station, 26985 Base Line, from 12:00 p.m. to 5:00 p.m.

Follow this link to reserve an appointment:

https://giftoflife.lstream.org/donor/schedules/drive_schedule/98508

For more information or to schedule an appointment, contact Volunteer Services at (909) 864-6861, extension 203 or email dmoreno@cityofhighland.org.



2022 Blood Drive Schedule:

Monday, September 26

Monday, November 28



Whether children walk, ride their bicycle or take the bus to school, it is extremely important that they take proper safety precautions. Here are some tips to make sure your child safely travels to school:

Walkers

- Review your family's walking safety rules and practice walking to school with your child
- Walk on the sidewalk, if one is available; when on a street with no sidewalk, walk facing the traffic
- Before you cross the street, stop and look left, right and left again to see if cars are coming
- Make eye contact with drivers before crossing and always cross streets at crosswalks or intersections
- Stay alert and avoid distracted walking

Bike Riders

- Teach your child the rules of the road and practice riding the bike route to school with your child
- Ride on the right side of the road, with traffic, and in a single file
- Come to a complete stop before crossing the street; walk bikes across the street
- Stay alert and avoid distracted riding
- Make sure your child always wears a properly fitted helmet and bright clothing

Bus Riders

- Teach your children school bus safety rules and practice with them
- Go to the bus stop with your child to teach them the proper way to get on and off the bus
- Teach your children to stand 6 feet (or three giant steps) away from the curb
- If your child must cross the street in front of the bus, teach him or her to walk on the side of the road until they are 10 feet ahead of the bus; your child and the bus driver should always be able to see each other
- Get the facts on bus safety from Injury Facts

Driving Your Child to School

- Stay alert and avoid distracted driving
- Obey school zone speed limits and follow your school's drop-off procedure
- Make eye contact with children who are crossing the street
- Never pass a bus loading or unloading children
- The area 10 feet around a school bus is the most dangerous for children; stop far enough back to allow them to safely enter and exit the bus



Teen Drivers

- Car crashes are the No. 1 cause of death for teens
- Teens crash because they are inexperienced; practice with new drivers every week, before and after they get their license
- Set a good example; drive the way you want your teen to drive
- Sign the New Driver Deal, an agreement that helps define expectations for parents and teens

Backpacks

- Choose a backpack for your child carefully; it should have ergonomically designed features to enhance safety and comfort
- Ask your children to use both straps when wearing their backpack to evenly distribute the weight on their shoulders
- Don't overstuff a backpack; it should weigh no more than 5% to 10% of your child's body weight
- Rolling backpacks should be used cautiously since they can create a trip hazard in crowded school hallways



Playgrounds and Sports

- To reduce strangulation hazards on playgrounds, have your child leave necklaces and jackets with drawstrings at home
- A few bumps and bruises can be expected when your child plays sports, but head injuries should never be ignored

Information Courtesy of National Safety Council



HIGHLAND IMPROVEMENT TEAM

Volunteer Services

We are looking for you to be part of a great group of dedicated community volunteers! JOIN US AS WE BEAUTIFY OUR COMMUNITY! Our mission is to improve the overall environment of our city for all residents and businesses. GET INVOLVED TODAY! Sign up to become Highland's newest volunteer!

Projects vary and include:

- Residential yard cleanups
- Residential garage cleanout
- Graffiti abatement
- Litter pickup
- Park cleanups
- Special events and many more!



Please join us at our next HIT project, scheduled for Saturday, September 10, 2022, from 8:00 a.m. to 12:00 p.m. (Noon). Registration begins at 7:30 a.m. at Highland City Hall, 27215 Base Line. Please contact Volunteer Services to sign-up and for more information at (909) 864-6861, extension 203.

Volunteer Services



CORONAVIRUS RECOVERY FUND FOR SMALL BUSINESSES



Don't Wait Any Longer... Apply Now while funding is Available

The City of Highland is encouraging small businesses in Highland to apply for the Coronavirus Recovery Fund Grant Program. First launched in September 2021, the purpose of this program is to provide financial assistance to City-based small businesses impacted by the COVID-19 pandemic. Successful grant recipients will receive a one-time \$7,500 disbursement. Businesses that meet these specific criteria are eligible for consideration:

- Must have a physical location within the City of Highland (store front, office, commercial structure).
- Be in good standing with the City of Highland (**current/valid business license, no outstanding code enforcement actions, or compliance orders**).
- Must have no more than 100 employees.
- Must be in existence as of August 24, 2021.

Contact Denise Moreno at (909) 864-6861, extension 203 or by email to dmoreno@cityofhighland.org for an application and more information.



EMERGENCY MORTGAGE ASSISTANCE PROGRAM (EMAP)

The City of Highland has established the Emergency Mortgage Assistance Program (EMAP) to assist Highland residents with mortgage delinquencies resulting from the pandemic.

This program is aimed at assisting homeowners of limited income, impacted by the pandemic, by reducing delinquent mortgage payments and/or avoiding foreclosure.

For more information and program eligibility pre-screening, contact (909) 864-6861, extension 203 or (909) 864-6861, extension 230.

Public Services

Over-watering Tips to Help Save Water and Money

If water flows off your yard onto your driveway or sidewalk, your system is over-watering. Over-watering is not only bad for your lawn, it's a strain on water supplies and often ends up as wasted, excess runoff to lakes and streams. Here are a few tips that will help you conserve water and prevent storm water pollution:

- Water your lawn only when it needs it. Step on your grass. If it springs back, when you lift your foot, it doesn't need water. So set your sprinklers for more days in between watering. **Saves 750-1,500 gallons** per month. Whenever possible water your lawn and garden by hand to control the amount of water you use.
- Don't water the sidewalks, driveway or gutter. Adjust your sprinklers so that water lands on your lawn or garden where it belongs--and only there. **Saves 500 gallons** per month.
- Water lawns during the early morning hours when temperatures and wind speeds are the lowest. This reduces losses from evaporation. **Saves 300 gallons.**
- Put a layer of mulch around trees and plants. Chunks of bark, peat moss or gravel slows down evaporation. **Saves 750 to 1,500 gallons** a month.
- Do not hose down your driveway or sidewalk. Use a broom to clean leaves and other debris from these areas. **Can save up to 100 gallons a week.**
- Using drip irrigation, soaker hoses or micro-spray systems for flower beds and vegetation can also help reduce your water bill and prevent runoff.
- **When it rains**, turn off your sprinklers.
- Save on water by planting low maintenance, drought-tolerant trees and shrubs.
- Periodically inspect and fix leaks and misdirected sprinklers.



If you have any questions on what you can do to conserve water and prevent storm water pollution, please contact Public Services at (909) 864-8732, extension 271.

Public Works

During the period of August 1, 2022 through August 5, 2022, graffiti was made known to Public Works staff by the following means and removed. **Routine observation by Public Works:** Pacific St. & San Francisco St., Victoria Ave. & Base Line, 9th St. & Rogers Ln., Church Ave. & Pacific St., Pacific St. & Palm Ave., Atlantic Ave. & Boulder Ave., Base Line & Mira Vista Ave., Boulder bridge, 26091 Base Line, Walker Street alley

Community Champions

**NOMINATE
SOMEONE
AWESOME**

Do you know of a Community Champion who does awesome environmental work? A person who is so green, they deserve to be recognized? A kind neighbor who inspires you to do the right thing?

If you do know someone who constantly goes the extra mile in their community or home to protect the environment, we want to feature their story on the *San Bernardino County Stormwater Facebook blog!* Share their information below and we will contact them. Nominees must be a San Bernardino County resident.

To nominate a Community Champion visit:

<https://sbcountystormwater.org/residents/nominate-community-champion/>



Say hello to Highland's newest Community Champ:
Arleta Payne, resident of Highland!

Arleta first learned about household hazardous waste (HHW) from a friend telling her about the SB International Airport collection location. Arleta noted that the "most common [HHW] is motor oil and filters, batteries... used cooking oil, spray paint, lightbulbs, anything electronic" - and she's a champ at dropping off items like these! "To know that household hazardous waste [HHW] will be disposed of correctly gives me motivation."

Arleta also sorts her waste at home by placing things like paper mail, packaging, and takeout order containers in her blue bin "Just be sure to clean all food plastics before you recycle."

“
Where we live is beautiful and I want to keep it that way so everyone can continue living in a safe, clean, and beautiful place...
”



- Arleta Payne, City of Highland

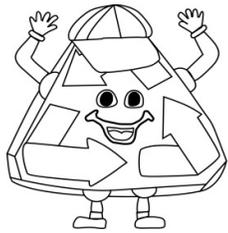
“
Recycling is one of the important things we can all share in, it is easy to incorporate into our lives. We must cherish our environment or risk losing it.
”



Examples of HHW from Arleta's garage to be dropped off at the San Bernardino Collection Facility.

Lastly, Arleta said that she "would like to encourage her fellow Highland residents to pick up after their pets when out in public areas... Let's show pride and keep our neighborhoods beautiful and pick up our dogs poop! Your fellow neighbors will thank you and so will your pet by keeping them safe too."





REPETE'S WISDOM OF THE WEEK

What Is Illegal Dumping and How Can I Report It?

Illegal dumping is dumping of any waste, whether it is oil, furniture, appliances, trash, litter or landscaping cuttings, etc., upon any public right-of-way, City property or private property, without consent of the owner. The City's Code Enforcement team patrols City neighborhoods daily to deter illegal dumping and investigate citizen complaints. Community help is essential to catching and deterring illegal dumps.

The City encourages anyone who encounters an illegal dump that has already taken place to report it. If you observe someone illegally dumping, please take down the following information:

- * Date, time and location of incident
- * Description of vehicle and license plate number
- * Description of person (s) dumping
- * What items/materials were being dumped
- * Your name and phone number (optional)



Report the information to the following agencies: To report illegal dumping in progress, please contact the Highland Police Department at (909) 387-8313. Illegal dumpings that have already taken place, please contact Public Works at (909) 864-6861, extension 217. With adequate information and an eyewitness who is willing to testify, the City can and will pursue prosecution.

Scavenging Hurts Businesses!



Whether it is called dumpster diving or scavenging, it is the unauthorized removal of recyclable materials placed in a designated container at a designated location for the purposes of collection and processing by an authorized agent. The only authorized agent in the City of Highland is Burrtec Waste. The regular removal of recyclable materials from a bin will increase the cost of collection services! Materials placed in a recycling bin have a value, and that value is used to offset collection and processing costs which directly lower rates. When scavengers break the law by removing those materials, they are also removing items valuable to the recycling program, which ultimately affects rates.

Do not approach or confront a scavenger! Get a description of the person and the vehicle with a license plate number or take a picture. Then report the incident to the Highland Police Department at (909) 387-8313 or during business hours contact Public Services at (909) 864-6861, extension 250.

Discourage scavenging - do not give permission to scavengers or the "Cardboard Man" to take recyclables from your bins.

Permit #	Permit Type	Permit Status	Total Valuation
2	Certificate of Occupancy	Issued	
3	Certificate of Occupancy	Finaled	
2	Code Rehab	Issued	\$127,943.04
1	Code Rehab	Finaled	
1	Code Special Inspection	Completed	
1	Commercial Alteration	Issued	\$25,000.00
4	Commercial Alteration	Finaled	\$30,500.00
1	Demolition	Finaled	
9	Electrical	Issued	\$30,002.00
9	Electrical	Finaled	\$11,000.00
2	Fire-Certificate of Occupancy	Issued	
3	Fire-Certificate of Occupancy	Finaled	
28	Fire-Sprinklers	Finaled	\$5,700.00
1	Fire-Underground Fire	Issued	
1	Grading	Issued	
19	Mechanical	Issued	\$259,060.00
4	Mechanical	Finaled	
2	Patio Cover	Issued	\$8,180.00
7	Patio Cover	Finaled	
3	Plumbing	Issued	\$2,400.00
6	Plumbing	Finaled	\$1,900.00
4	Pool/Spa	Issued	\$296,855.50
3	Pool/Spa	Finaled	
9	Reroof	Issued	\$84,859.88
18	Reroof	Finaled	\$64,500.00
3	Sign	Issued	\$24,000.00

Building & Safety



July 2022 Report
Total Permits: 285
Total Valuation: \$4,505,767.39

Permit #	Permit Type	Permit Status	Total Valuation
3	Single-Family Addition	Issued	\$193,187.91
4	Single-Family Addition	Finaled	
3	Single-Family Alteration	Issued	\$20,000.00
10	Single-Family Alteration	Finaled	\$13,200.00
11	Single-Family New	Issued	\$1,820,856.56
2	Single-Family New	Finaled	
1	Single-Family New	Void	\$112,949.28
52	Solar -Residential	Issued	\$1,084,135.49
46	Solar -Residential	Finaled	\$200,677.00
1	Solar -Residential	PC Approved	\$25,900.00
1	Solar -Residential	Plan Check	\$28,500.00
1	Solar -Residential	Withdrawn	\$32,696.73
1	Walls	Issued	\$1,764.00
3	Walls	Finaled	

Calendar of Events

August 16, 2022

6pm — Planning Commission Meeting, Donahue Council Chambers

August 27, 2022

8am to 12pm — Free Compost Giveaway at Highland City Hall, 27215 Base Line

September 6, 2022

6pm — Planning Commission Meeting, Donahue Council Chambers

September 10, 2022

8am to 12pm — Highland Improvement Team Cleanup, Registration at 7:30am, Highland City Hall, 27215 Base Line

September 12, 2022

4pm to 5pm — Blood Drive Committee Meeting Highland City Hall, 27215 Base Line, Conference Room C

September 13, 2022

6pm — City Council Meeting, Donahue Council Chambers

September 20, 2022

6pm — Planning Commission Meeting, Donahue Council Chambers

September 26, 2022

12pm to 5pm—Blood Drive at Highland Police Station, 26985 Base Line



Find us on:
facebook®

THE CITY OF HIGHLAND FACEBOOK PAGE

The City of Highland has a new and improved Facebook page that we would like for you all to follow us on. This is where you will find important information regarding road closures and construction projects that may affect your travel time, scheduled power outages, emergencies, events such as: Community Blood Drives, Highland Improvement Team projects, Compost Give-A-Way, Used Oil Filter Exchange & Recycling Events and much more. Please "Like" City of Highland - City Hall (<https://www.facebook.com/cityofhighland.cityhall>) as the official page.

PICK UP AFTER YOUR PET



WHY SHOULD I PICK UP?



Dog waste can infect children and adults with disease-causing bacteria and parasites.



Your dog can get infected from the waste of other dogs.



Dog waste can affect the quality of our rivers and oceans and make the water unsafe for swimming, drinking, or fishing.



BAG IT AND TRASH IT!

— Steps and Tips —

Step 1: Keep a supply of bags tied to your dog leash.

Step 2: Bag the poop and tie the bag.

Step 3: Dispose of the tied bag properly by throwing it into a trash can.

NEED A
**DOGGIE
CANISTER?**



@sbcountystormwater



#SBCFreeCanister

Scan code for a
FREE CANISTER

freedoggiebags.com

Big Bear • Chino • Chino Hills • Colton • Fontana • Grand Terrace • Highland • Loma Linda • Montclair • Ontario • Rancho Cucamonga • Redlands
Rialto • San Bernardino • San Bernardino County • San Bernardino County Flood Control District • Upland • Yucaipa



HAVE YOU PLAYED SPOT'S NEW TRASH MATCH-UP GAME?

Find out how much you know about sorting waste in San Bernardino County.



Step 1: Scan QR code or visit spot.sbcountystormwater.org

Step 2: Drag a trash item to a bin to start the game

Step 3: Make an account to claim your score on the leaderboard.

**available for mobile phones and desktops*



For a list of collection centers near you, visit TooToxicToTrash.com
Must be a San Bernardino County resident to visit centers.

PROTECT YOUR COMMUNITY KEEP TRASH OUT OF OUR STREETS



Step 1

Gather your used masks, gloves, and wipes

Step 2

Place the used items in a bag

Step 3

Tie or seal the bag and dispose into a trashcan



How to Safely Dispose Sharps

**EFFECTIVE
JULY 1, 2021**



SAN BERNARDINO COUNTY RESIDENTS can safely dispose of their used SHARPS in a 2 gallon or smaller, heavy-duty, plastic container as an alternative to plastic bio-hazard sharps containers at participating Household Hazardous Waste Collection facilities.

Containers should only contain needles, lancets, and syringes with a needle attached that must be completely spent (no liquid remaining, including EpiPens).

HOW TO CREATE YOUR OWN CONTAINER:

- Place sharps into an Approved Sharps Container or 2 gallon or smaller heavy-duty plastic container
- Do not use food product containers
- Must have a screw-top and puncture resistant lid
- Made of thick plastic
- 2 gallons or less
- Leak-resistant
- Remain upright when standing
- Place printed Bio-Hazard Label on both sides
- When $\frac{3}{4}$ filled, secure lid, and tape the container closed

DO NOT USE FOR SHARPS:



Print **FREE** labels by visiting
Greensb.net

Preprinted labels are available at
HHW collection facilities



For more information and locations, call 1-800-Oily Cat (645-9228) or visit **Greensb.net**

SAN BERNARDINO COUNTY FIRE – Household Hazardous Waste

Cómo desechar las agujas de forma segura

**EFFECTIVO EL
1 DE JULIO 2021**



LOS RESIDENTES DEL CONDADO DE SAN BERNARDINO pueden desechar de manera segura sus agujas usadas en un recipiente de plástico resistente de 2 galones, o más pequeño como alternativa a los recipientes de plástico para objetos punzantes con riesgo biológico en los Centros participantes de Colección para desechos peligrosos del hogar.

Los recipientes solo deben contener agujas, lancetas y jeringas con una aguja adjunta que debe gastarse por completo (Sin residuo líquido incluyendo los EpiPens).

COMO CREAR SU PROPIO CONTENEDOR:

- Coloque las agujas en un recipiente para objetos punzantes aprobado o en un recipiente de plástico resistente de 2 galones o más pequeño
- No utilice envases de productos para alimentos
- Debe tener una tapa de rosca y resistente a los pinchazos
- Hecho de plástico grueso
- 2 galones o menos
- Resistente a fugas
- Permanezca erguido cuando esté de pie
- Coloque la etiqueta impresa de peligro biológico en ambos lados
- Cuando esté lleno 3/4, cierre la tapa y pegue el recipiente con cinta adhesiva para mantener el contenedor cerrado

NO UTILIZAR PARA AGUJAS :



Para imprimir etiquetas
GRATIS visite Greensb.net

Las etiquetas preimpresas están
disponibles en los Centros de Colección
para desechos peligrosos del hogar



Para obtener más información y ubicaciones,
llame al 1-800-Oily Cat (645-9228) o visite Greensb.net

SAN BERNARDINO COUNTY FIRE – Household Hazardous Waste



COMPOST GIVEAWAY

The City of Highland Public Services Division and Burrtec Waste Industries Inc. are teaming up to host a one day compost give-away, so residents can tackle those lawn and garden projects for FALL.

Date: Saturday, August 27, 2022

Time: 8am—12pm (Noon)

Location: Highland City Hall—27215 Base Line

How It Works:

- Open to Highland Residents ONLY (proof of residency will be required)
- This is a SELF SERVE program, therefore participants must provide their own shovels and assistance to load their vehicle.
- Available on a first come first service basis.
- Wait time could be up to 2 hours.
- A tarp is recommended for open bed trucks and trailers.
- City staff reserve the right to end the event at any time due to product availability.

Information: 909-864-6861 ext. 271



**Aging and Adult Services -
Public Guardian**

HOT WEATHER

TIPS

DANGER SIGNS

Hot weather can be dangerous and even deadly. Precautions must be taken to ensure health and safety during our summer months. A person suffering from the heat may not realize it. Be aware of the warning signs of heat related illness, which include:

- Heat cramps: Painful muscle contractions, usually in the hamstring muscles.
- Heat exhaustion: Dizziness, fatigue, headache, rapid/weak pulse, pale or clammy skin.
- Heatstroke: Hot/dry/flushed skin, high body temperature, rapid heartbeat and confusion.

PREVENTION TIPS

- Drink plenty of water. Carry a bottle with you when you are away from home.
- Wear loose fitting cotton clothing and hats with wide brims and carry an umbrella.
- Check with your doctor. Heat may affect your reaction to certain medications.
- Keep electric lights low or off, shades drawn and blinds closed and limit oven use.
- Stay in well-ventilated areas. Circulation of air helps you keep cool.
- Open a window or turn on a fan or air conditioner.
- Have a friend check up on you at different times of the day when it is very hot.
- Eat light meals and avoid alcohol and caffeine.
- Plan ahead so your outside activities are during the coolest part of the day.
- Avoid unnecessary activity and being in direct sunlight or a hot environment.
- Take your time. Do not run around in a hurry.
- Never wait in a car or leave people or pets in a car.
- Remember, excessive heat exposure can result in illness or death!

**Call Senior Information and Assistance at
1-800-510-2020 to connect with resources and services.
If you need emergency medical services, call 911 immediately!**

www.SBCounty.gov/daas



CLIMA CALUROSO

Servicios para Ancianos y Adultos -
Guardián Público

CONSEJOS

SEÑALES DE PELIGRO

El clima caliente puede ser peligroso y hasta mortal. Se deben tomar precauciones para asegurar la salud y seguridad durante los meses de verano. Es posible que una persona sufriendo del calor no se dé cuenta. Este consciente de las señales de advertencia de enfermedad relacionada con el calor, que incluyen:

- ▶ Calambres por el calor: contracciones musculares dolorosas, generalmente en el músculo de la corva.
- ▶ Agotamiento por el calor: Mareos, fatiga, dolor de cabeza, pulso rápido/débil, piel pálida/húmeda.
- ▶ Insolación: piel caliente/seca/enrojecida, alta temperatura del cuerpo, latidos cardíacos rápidos y confusión.

CONSEJOS DE PREVENCIÓN

- ▶ Tome suficiente agua. Lleve una botella de agua con usted cuando esté fuera de casa.
- ▶ Use ropa floja de algodón y sombreros de ala ancha y lleve un paraguas.
- ▶ Consulte con su doctor. El calor puede afectar su reacción a ciertos medicamentos.
- ▶ Mantenga las luces eléctricas bajas o apagadas, las cortinas bajadas y persianas cerradas y limite el uso del horno.
- ▶ Permanezca en zonas bien ventilados. La circulación de aire ayuda a mantenerse fresco.
- ▶ Abra una ventana o encienda un ventilador o aire acondicionado.
- ▶ Pídale a un amigo que lo visite a diferentes horas del día cuando este muy caliente.
- ▶ Coma comidas ligeras y evite el alcohol y la cafeína.
- ▶ Planee con anticipación actividades de aire libre durante las horas más frescas del día.
- ▶ Evite actividades innecesarias y estar bajo el sol o un ambiente caliente.
- ▶ Tómese su tiempo. No corra de prisa.
- ▶ Nunca espere en un automóvil o deje personas o mascotas en un automóvil.
- ▶ ¡Recuerde, exposición excesiva al calor puede resultar en enfermedad o muerte!

Llame a Información y Asistencia para Personas Mayores al

1-800-510-2020 para conectarse con recursos y servicios.

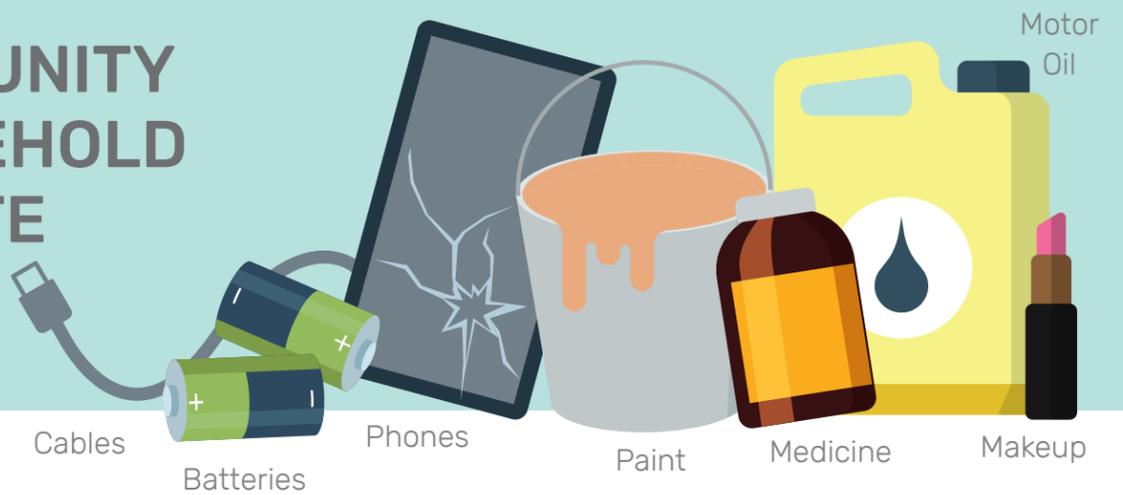
¡Si necesita atención médica de emergencia, llame al 911 inmediatamente!

www.SBCounty.gov/daas

DO NOT DISPOSE OF THESE

HAZARDOUS ITEMS IN YOUR TRASH

KEEP YOUR COMMUNITY
SAFE FROM HOUSEHOLD
HAZARDOUS WASTE



1

Scan to learn what items are HHW and to find the nearest HHW facility



2

Safely contain HHW in container

Limit of 15 gallons or 125 pounds in containers no larger than 5 gallons.



3

Place in trunk or rear of vehicle and take to your nearest HHW facility



*Facilities open to San Bernardino County residents only.
Proof of residency required. Business waste not accepted.*

Scan the QR code or find the nearest HHW facility at
tootoxictotrash.org



SAN BERNARDINO COUNTY STORMWATER PROGRAM
**WHERE WATER
MEETS COMMUNITY**





Economic Development

SAN BERNARDINO COUNTY

MICROBUSINESS

COVID-19 RELIEF GRANT

Award Amount: \$2,500



What is the San Bernardino County Microbusiness COVID-19 Relief Grant Program?

The San Bernardino County Microbusiness COVID Relief Grant is designed to assist businesses that have experienced economic barriers due to the effects of the global pandemic.



What are the Grant requirements?

- Businesses & Non-Profits located within the San Bernardino County boundaries
- 5 or less full-time employees
- Gross Revenues of less than \$50,000 in 2019 Tax Year or 2020 Tax Year
- Did not receive the California Relief Grant issued by Lendistry

SOURCE: GUIDELINES SET BY THE STATE OF CALIFORNIA



How can I use the funds?

- Renewal of local permits to operate (i.e. sidewalk vendor, etc.)
- Payment of business debt accrued during pandemic.
- The purchase of new certified equipment.



How do I apply and is there a deadline?

Applications open on 2/28/2022 and will remain open until funds are exhausted.

Go to:

www.selectsbcounty.com/major-initiatives/microbusiness-covid-19-relief-grant



Who do I contact with questions?

For questions regarding your grant application, scan the below:



For general information please contact:

grants@eda.sbcounty.gov
phone: 909-387-3286

For more information please visit our website at:

www.selectsbcounty.gov



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Thank you to our Strategic Partners





MEDIA CONTACT

Denise Campos
Office of Media and Public Information
(213) 244-2442
dcampos@socalgas.com

NEWS RELEASE

New Eligibility Guidelines Open SoCalGas Energy Savings Assistance Program to More Customers

Recently enacted California law increases customer access to no-cost energy-saving home improvements which support SoCalGas' efforts to lead the transition to a clean energy system

LOS ANGELES (July 6, 2022) – [Southern California Gas Co.](#) (SoCalGas) announced that as of July 1, 2022, more customers will now be eligible for no-cost energy-saving home improvements through the Energy Savings Assistance Program. The new guidelines expand eligibility criteria for customers whose income is up to 250% of federal poverty guidelines, compared to the previous criteria of up to 200%. A family of four that earns up to \$69,375, will now be eligible for no-cost energy efficiency upgrades. The previous income eligibility guidelines were up to \$55,500 for a family of four.

The ESA program provides attic insulation, furnace repair or replacement, clothes washer, water heater repair or replacement, water heater blankets, door weather stripping, caulking, low-flow showerheads, faucet aerators, minor repairs to doors and windows, and other services to eligible customers.

Customers could save up to 20% annually on their natural gas bill depending on the energy efficiency upgrades performed. More than 1.6 million homes have been enrolled in the program since 2002.

Customers can qualify for the Energy Savings Assistance Program based on having one individual in the home who falls under the income guidelines or participates in a public assistance program like Medi-Cal/Medicaid, CalFresh, the National School Lunch Program, among others. The program is open to renters and homeowners, and income levels are updated annually to adjust for federal poverty guidelines.

“SoCalGas is leading the transition to a more resilient energy future by providing customers with affordable, more sustainable energy. Through the Energy Savings Assistance Program, we can offer long-term, energy-efficient home improvements to customers that will lower their costs and reduce a household’s environmental footprint. The program’s expanded guidelines will allow more SoCalGas customers to save energy and save money and help us collectively reach clean energy goals,” said Brian Prusnek, SoCalGas’ Director of Customer Programs and Assistance.

The Energy Savings Assistance Program’s revised income guidelines were the result of Senate Bill 756, authored by San Diego Senator Ben Hueso (D-40). “The ESA program is an important tool for our state in the fight against climate change,” said Senator Hueso. “Energy efficiency upgrades reduce energy utility bills, increase a family’s quality of life and comfort, support economic development, and move the state closer toward its climate goals. However, the ESA program budgets are routinely not fully expended – often with hundreds of millions of dollars remaining unspent each year. This new law will remedy that by expanding eligibility to include more low-income customers.”

“My family and I are very happy and grateful for the weatherization repairs SoCalGas and their contractor ACSGROUP provided to our home,” said Veronica Medrano, a SoCalGas customer from Montclair. “We received a new furnace, and they installed a new water heater and we also qualified for a new washing machine. Our home is now more energy efficient. This program has changed our lives.”

Another SoCalGas customer assistance program is the California Alternative Rates for Energy (CARE) program, which will continue to provide a 20% discount on the monthly natural gas bill for customers who participate in certain public assistance programs or fall within 200% of federal poverty guidelines. A family of four that earns up to \$55,500 is now eligible for the discount.

To learn about SoCalGas’ customer assistance programs, including the CARE program, or to sign up for the Energy Savings Assistance Program, visit socalgas.com/assistance or call (800) 331-7593. Information is available in the following languages: Chinese, Hmong, Korean, Russian, Spanish, and Vietnamese.

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About SoCalGas

Headquartered in Los Angeles, [SoCalGas®](#) is the [largest gas distribution utility](#) in the United States. SoCalGas delivers affordable, reliable, and increasingly renewable gas service to 21.8 million consumers across [24,000 square miles](#) of Central and Southern California. Gas delivered through the company's pipelines will continue to play a key role in California's clean energy transition—providing electric grid reliability and supporting wind and solar energy deployment.

SoCalGas' mission is to build the [cleanest, safest and most innovative energy company in America](#). In support of that mission, SoCalGas aspires to achieve [net-zero greenhouse gas emissions](#) in its operations and delivery of energy by 2045 and to replacing 20 percent of its traditional natural gas supply to core customers with renewable natural gas (RNG) by 2030. Renewable natural gas is made from waste created by dairy farms, landfills, and wastewater treatment plants. SoCalGas is also committed to investing in its gas delivery infrastructure while keeping bills affordable for customers. SoCalGas is a subsidiary of [Sempra](#) (NYSE: SRE), an energy services holding company based in San Diego.

For more information visit socalgas.com/newsroom or connect with SoCalGas on [Twitter](#) (@SoCalGas), [Instagram](#) (@SoCalGas) and [Facebook](#).